

AFTER OPPS

REGISTRATION BROCHURE
FALL 2017

AFTER OPPS | FALL SESSION 1
Oct 2 - Nov 3

AFTER OPPS | FALL SESSION 2
Nov 20 - Dec 15



GARDENING, JEWELRY MAKING, FOOTBALL, TALENT SHOWS, COOKING WITH CHEF JOE, DRAWING 101, MOVIES & VIDEO GAMES, SURVIVOR, PINWOOD DERBY CARS, & MORE!

AFTER OPPS

After Opps is an after school/after work program that offers a wide variety of activities that are developed in collaboration with the Warrior participants. Program activities are embedded with a focus on peer leadership, health and wellness, social interaction and community connections.

WHO ARE WE?

Opportunity Knocks is an Illinois 501c.3 nonprofit organization that serves young people who have intellectual and developmental disabilities (I/DD) in the Oak Park, Forest Park and River Forest communities through social, recreational and life-skills programming.

WHAT IS A WARRIOR?

The people we serve are Warriors and it is our belief that their place in the community is both valuable and necessary. Because of their perseverance and strength we endearingly dub our participants as Warriors.

AFTER OPPTS

WEEKLY ACTIVITY SCHEDULE & REGISTRATION



FALL SESSION 1 | October 2 - November 3 | 5- Week Session

Mondays

BAKING

Baking – Preheat the oven to 375. Warriors will have the opportunity to create many different kinds of baked goods in the Baking program.

Warrior Wellness

FOOTBALL

The 2017 regular NFL season is upon us! Which means it is time for the Warriors to "suit up" and play some flag football. Every week two teams will go head to head and re-visit the basics of football.

Warrior Wellness

FARMING

Warriors will get dirty on the farm harvesting fruits and veggies, picking plenty of cucumbers for Knock Out Pickles!

Warrior Wellness

Wednesdays

COMMUNITY OPPTS

Community Opps – Community Opps is celebrating the season this Fall by teaming up with neighborhood organization Hephzibah Children's Organization. They will be joining us for our annual Halloween celebration at the River Forest Community center. Connecting Warriors with the community and serving friendship, fun and more!

PERSONAL HYGIENE

Cleanliness is key. In this program, warriors will focus on personal hygiene. The goal of this program is to learn about and practice the personal hygiene habits such as washing hands and brushing and flossing teeth.

Warrior Wellness

JEWELRY MAKING

Bracelets, necklace, and anklets. Warriors are going to have the opportunity to make many different kinds of jewelry that they will be able to wear and take home.

DANCE

In this program, we are going to get our fitness for the day in while having a ton of fun. Warriors will learn step-by-step dance moves with staff in a group setting, putting it all together to show off the footloose skills on the dance floor. There are many different dance traditions we would like to learn about and build some skill in. We will connect with our minds and bodies all the while have fun boogie-ing the time away in this dance program.

Warrior Wellness

Fridays

PEER LED PLANNING

Peer Led Planning will give the Warriors the opportunity to take the wheel and come up with a program that will be led the following Fall 2 session. Peer planning helps Warriors take leadership and initiative and if that's something you're interested in come check this group out.

BEACH BITES WITH JOE

Warriors will have create our own twist of the food network show Beach Bites. The food in this program will consist of food that you would typically find at a beachside restaurant.

Warrior Wellness

TALENT SHOW

Warriors in the Talent Show program will spend the session creating and practicing a performance. On the last night of the session the Talent Show Warriors will perform for the other warriors, staff, volunteers, and families during dinner.

PINEWOOD DERBY/MOUSE TRAP CARS

Get your engines ready. Warriors will be designing miniature cars in this program. The goal is to design and create the car that will go the farthest without power.

To register for Fall 2017 Session 1, please complete this form and submit it to Opportunity Knocks by **September 28, 2017**. Invoices from Opportunity Knocks, Inc. will be mailed shortly after registration is received. Payment is due by **November 1, 2017**, or within 30 days of the beginning of the session. To register online, visit us at: www.opportunityknocksnow.org/programs/evening.

Participant Name _____

Participant Address _____

Parent/Guardian Name _____

Parent/Guardian Phone _____

Amount Due \$ _____

Participation: 3 days/week MON WED FRI

3 days/week MON WED FRI

3 days/week MON WED FRI

PARTICIPANT FEES TABLE FOR 5-WEEK SESSIONS

Annual Household Income	3 days/week	2 days/week	1 day/week
> \$55,000	\$470	\$290	\$140
< \$55,000 > 35,000	\$355	\$210	\$105
< \$35,000	\$235	\$140	\$80

FRIDAY HOBBIES

Participants, if you are registering for Friday programs, please tell us which hobby you would like to explore the most by ranking them below.

1 = 😊 2 = 😐 3 = ☹️ 4 = 😞

Peer Led Planning Talent Show

Beach Bites w/ Joe Pinewood/Mouse Trap

AFTER OPPS

WEEKLY ACTIVITY SCHEDULE & REGISTRATION



FALL SESSION 2

November 20 - December 15

4-Week Session



Mondays

BOWLING

Sparas and Strikes! Hopefully no gutter balls. Warriors will be taking a stroll over to Circle Lanes to work on their bowling skills.

Warrior Wellness

COLLAGE ART

In this program, Warriors will use the art of others to make their own art.

SURVIVOR

As per the popular adventure reality show, Warriors will "Outwit, Outplay, and Outlast" in this After Opps session. This group will break into two tribes each week and compete in an array of fun mental and physical Survivor challenges.

Warrior Wellness

FARMING

Warriors will get dirty on the farm harvesting fruits and veggies, picking plenty of cucumbers for our famous, Knock-Out Pickles!

Warrior Wellness

Wednesdays

PEER LED PROGRAM

This program was developed by the Warriors themselves in Session 1. Now they get to see their planning and creativity come to life in their very own Peer-Led Program.

COMM OPPS

This session, Warriors will be continuing to work with the other non-profit organizations that we have been working with over the last few sessions.

Fridays

A WOK AND HARD PLACE

Warriors will be exploring different kinds of Asian cuisine. Some of the different kinds may include Chinese, Japanese, Korean, and many others.

Warrior Wellness

DRAWING 101

Warriors will learn the basic skills of drawing.

MOVIES THROUGHOUT THE DECADES

In this program, Warriors will get to watch and analyze movies. Warriors will talk about the differences between remakes of films, as well as, talking discussing what they like about old films vs. new films.

VIDEO GAMES

Warriors in the Video Games program will learn and play some of the games from the past and the present and see how video games have changed over time.

To register for Fall 2017 Session 2, please complete this form and submit it to Opportunity Knocks by **November 9, 2017**. Invoices from Opportunity Knocks, Inc. will be mailed shortly after registration is received. Payment is due by **December 13, 2017**, or within 30 days of the beginning of the session. To register online, visit us at: www.opportunityknocksnow.org/programs/evening. **There will be no programs on Nov. 24th in observation of Thanksgiving.**

Participant Name _____

Participant Address _____

Parent/Guardian Name _____

Parent/Guardian Phone _____

Amount Due \$ _____

Participation: 3 days/week MON WED FRI

3 days/week MON WED FRI

3 days/week MON WED FRI

PARTICIPANT FEES TABLE FOR 4-WEEK SESSIONS

Annual Household Income	3 days/week	2 days/week	1 day/week
> \$55,000	\$420	\$255	\$125
< \$55,000 > 35,000	\$315	\$190	\$95
< \$35,000	\$210	\$125	\$65

FRIDAY HOBBIES

Participants, if you are registering for Friday programs, please tell us which hobby you would like to explore the most by ranking them below.

1 = 😊 2 = 😐 3 = 😞 4 = ☹️

A Wok & Hard Place Movies thru the Decades

Drawing 101 Video Games

PROGRAM SNAPSHOTS

FALL SESSIONS 1 & 2



PROGRAM PHILOSOPHY

Opportunity Knocks aims to stimulate the interest of various leisurely activities, participation within the community, and the continued engagement of these activities outside of programs. Participants play a great role in determining what types of activities are made available in later sessions. We believe that our participatory-based programming is the key to fostering leadership, respect and self-advocacy. In addition, with a strong support system of peers, staff and volunteers, Opportunity Knocks programs creates an environment where individuals can express themselves freely and where healthy relationships can be fostered in a safe, nurturing setting.

PROGRAM & REGISTRATION INFORMATION

For eligibility, registration requirements, session fees, daily structure, safety requirements or other information, see the After Opps program page on our website at: www.opportunityknocksnow.org/programs/after-opps.

GET INVOLVED

Interested in volunteering at programs or special events?
Want to apply to join our Auxiliary Board?
Visit our volunteer page at
www.opportunityknocksnow.org/volunteer
to apply or for more information!

TALK TO US!

8020 Madison Street
River Forest, IL 60305

(708) 771-6159 ext.220

www.opportunityknocksnow.org



OPPORTUNITY KNOCKS



Saturday, 9/23

7:30 AM - 10 PM

FOREST PARK

Please visit www.theokclassic.com to learn more!

