

# AFTER OPPTS

## PROGRAM & REGISTRATION INFORMATION

### GENERAL INFORMATION

Opportunity Knocks (OK) is a non-profit organization that serves teens and young adults who have developmental disabilities (DD) in the Oak Park, River Forest and Forest Park communities. After Opps programming provides sports, recreation, fitness, hobbies and self-advocacy training. Opportunity Knocks is staffed by dedicated professionals and volunteers who are committed to developing relevant, interesting and exciting activities as well as experiences for all of its program participants.

### PROGRAM INFORMATION

After Opps is one of three core programs offered at OK along with the Life Shop (day program) and Morning Opps (OPRF High School late-start partnership). After Opps offers social, recreational and life skills programming with strong emphasis on fitness, leadership development and community involvement.

### ELIGIBILITY & REGISTRATION REQUIREMENTS

Opportunity Knocks serves individuals who have developmental disabilities within the ages of 14.5 through 30 years. Participants must live in Oak Park, River Forest or Forest Park. In addition, a completed "Annual Participant Information Form" and a "Waiver and Release of Claims/Hold Harmless Agreement" must be on file for all participants.

### INTAKE APPOINTMENTS

Please contact Joe Hart, Program Director to schedule intake appointments at (708) 771-6159 ext. 220 or at: [joseph@opportunityknocksnow.org](mailto:joseph@opportunityknocksnow.org).

### EVENING SESSION REGISTRATION

Opportunity Knocks holds 4 After Opps program seasons (winter, spring, summer and fall) consisting of one 5-week and one following 4-week session. Programs take place regularly on three days during the week for three hours. The day begins at 3:30pm and goes until 6:30pm. Participants may register for 1 day per week, 2 days per week, or 3 days per week (the full session). When completing the registration form, please indicate which day(s) the participant will be attending for the duration of the session (ex. for Option 2: 2 day/week, check Mondays and Fridays for the 5-week session). One group outing is also scheduled for each session and is announced by the first day of the session.

### SESSION FEES & FINANCIAL ASSISTANCE

Registration fee includes daily programs, daily snack and drink, and one group outing. Outings are announced during the first week of the start of programs. For the 5-week session, 3-day/2-day/1-day options are \$470/\$290/\$140 respectively. For the 4-week session, 3-day/2-day/1-day options are \$420/\$255/\$125 respectively. In addition, Opportunity Knocks offers a sliding fee scale that is adjusted based on family income. It is our goal to serve all interested participants who are eligible for these programs. Please note that in order to take advantage of this, a Financial Assistance Form must be completed for each participant during intake. For families with the annual household income falling between \$55,000 and \$35,000, the 5-week session, 3-day/2-day/1-day options are \$355/\$210/\$105 and the 4-week session, 3-day/2-day/1-day options are \$315/\$190/\$95. For families with the annual household income falling below \$35,000, the 5-week session, 3-day/2-day/1-day options are \$235/\$140/\$80 and the 4-week session, 3-day/2-day/1-day options are \$210/\$125/\$65.

### SAFETY REQUIREMENTS

Safety is important to us. To ensure safety of our participants, we ask for full cooperation with the following guidelines. 1) Opportunity Knocks staff is responsible for the safety of program participants during designated program times. Please adhere to scheduled drop-off and pick-up times. 2) Participants enrolled in Opportunity Knocks' programs will not be released to anyone other than a parent, guardian or family member without prior written consent from the parent/guardian. 3) When arriving or departing from the program site, parents should check in with an OK staff member before leaving or taking participants home. 4) A child or minor will be allowed to walk home from the program site only if written permission from the parent or guardian has been received. 5) If you will not be attending the program, please notify us at the Opportunity Knocks office by phone (708) 771-6159 ext. 220 or by sending an email to Joe Hart at: [joseph@opportunityknocksnow.org](mailto:joseph@opportunityknocksnow.org)

### CODE OF CONDUCT

As a condition for participating in Opportunity Knocks' programs, all participants are required to follow the following behavioral guidelines. 1) Show respect to fellow participants, staff and volunteers. 2) Refrain from using abusive or foul language. 3) Refrain from causing or threatening bodily harm to self, fellow participants, staff and volunteers. 4) Show respect to equipment and facilities. 5) Additional or individual behavior management plans may be developed based on the input of parents, guardians, OK staff or other professionals.

### DAILY STRUCTURE

Programs begin at 3:30pm and end at 6:30pm. The first thirty minutes of each day is arrival/snack time and it is when participants get the chance to settle in, grab a snack and mingle with their friends. The last thirty minutes is pick-up/clean-up time. All participants, volunteers and staff are expected to help one another to keep our space clean. On Mondays and Wednesdays, participants are assigned to one of three groups. One of the groups leaves the facility to take part in an activity in the community. The two remaining groups rotate between activities at the River Forest Community Center at the halftime mark. These three different groups also rotate throughout the 5- or 4-week session so that everyone will eventually have the opportunity to try each activity. Fridays are dedicated to the in-depth exploration of hobbies. On Fridays, Warriors stay in one of the four groups for the duration of day and throughout the length of the session.

### PHONE

(708) 771-6159 ext. 220 After Opps

### ADDRESS

8020 Madison Street, River Forest, IL 60305